

WHAT CAN I COMPOST?

What you put in your compost has a big impact on what comes out. Compost is made up of two groups of materials: greens and browns. Greens are usually fresh and moist. Browns are generally more tough and dry. Knowing your greens from your browns and what things to avoid will help you have a happy, healthy, and odorless compost pile!

Compost It!

Brown

- Egg shells (crushed)
- Tea bags (not synthetically made)
- Coffee filters (not synthetically made)
- Used paper napkins & towel rolls
- Nutshells (EXCEPT walnuts)
- Unwaxed cardboard boxes or cartons (ripped into small pieces)
- Paper bags (shredded)
- Mixed paper
- Facial tissues
- Toilet paper rolls
- Dryer lint (100% natural)
- Other paper & envelopes (shredded)
- Dry leaves
- Straw & dry hay
- Wood chips & sawdust from untreated wood
- Dried grass clippings
- Newspaper (shredded)
- Burlap sacks (cut into small pieces)
- Hair (unbleached)



Green

- Fruits & vegetable scraps (peels, cores, & rinds)
- Coffee grounds
- Loose leaf tea
- Stale breads, pasta, tortillas, rice, chips, crackers, cereal
- Cooked rice & pasta
- Spoiled pasta sauce, tomato paste, or salsa
- Popcorn kernels
- Old herbs & spices
- Old jelly & jam
- Stale beer & wine
- Fresh grass clippings
- Fresh leaves
- Fresh flower, shrub, or house plant clippings
- Jack-o-lanterns
- Manure from herbivores



Throw It Out!

- Heavily inked paper products
- Anything synthetic
- Diseased plants & weeds
- Meat & fish
- All dairy products



You can learn more and submit your totals at tectn.org!



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